

NEWSLETTER

MAY 2017

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BLOOD DRIVE

Friday, May 26 - Floor 4 Conference Rooms

Your next opportunity to donate blood is Friday, May 26th between 9:00 a.m. and 3:00 p.m. in the 4th Floor Conference Rooms. To schedule an appointment or for more information please visit:

<https://schedule.psb.org/DonorPortal/GroupLanding.aspx?s=9520>

MEMORIAL DAY

MONDAY, MAY 29 – 1201 THIRD CLOSED

1201 Third Avenue will be closed on Monday, May 29th in observance of Memorial Day. All doors and elevators will require cardkeys and the building HVAC system will not be in operation. The parking garage will be closed to the public and daily parkers, monthly parkers will be able to access via their parking card. If your office will be open on this day and you would like to arrange for HVAC and/or elevator service for your floor, please contact the Property Management office by noon on Friday, May 26.

BIKE EVERYWHERE DAY

Friday, May 19

May is Bike Everywhere Month. The best way to celebrate Bike Everywhere Month is to get on a bike: ride to work, ride to the grocery store or just ride for the joy of being outside soaking up the spring weather. Biking has many advantages such as:

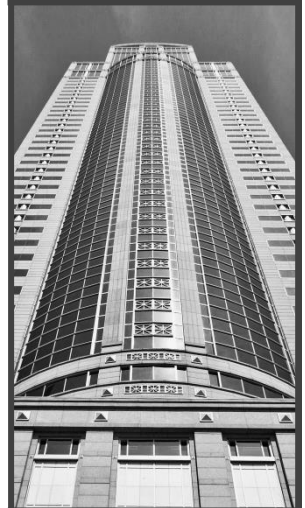
- Biking is great exercise and physical fitness leads to good health, fewer sick days and higher productivity.
- Bicycling is a virtually zero-emission form of transportation earning companies an eco-friendly image.
- Bicycling reduces transportation hassles and costs, leaving bicyclists with more disposable income.

On Friday, May 19 cyclists will be celebrating Bike Everywhere Day by taking to the streets and enjoying souvenirs, prizes and of course, bicycles! Several Commute Stations will be positioned throughout the region providing free snacks, bike mechanic services and bike related discounts. For more information, please visit:

<https://www.cascade.org>

1201 Third will be giving away treats in the bike cage on A level for those who bike to work on Friday, May 19th.

1201 THIRD



PROPERTY MANAGEMENT

WRIGHT RUNSTAD & COMPANY
1201 THIRD AVENUE
SUITE 1600
SEATTLE, WA 98101
1201THIRDAVE.COM
206-224-1201
1201mgmt@wrightrunstad.com

LEASING

JONES LANG LASALLE
1201THIRD.COM
206-607-1738

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@1201Third



STARBUCKS FRAPPUCCINO HAPPY HOUR

May 5 – 14, 2017 – 3:00 to 5:00 pm



Starbucks Frappuccino Happy Hour takes place May 5 through May 14, 2017. Stop in from 3:00 to 5:00 p.m. for half off all Frappuccino beverages during this time!

CHASES DOWNTOWN FLORIST

Mother's Day Sunday, May 14



Mother's Day is May 14th! Shower your Mom with adoration by sending her a bright, lush spring bouquet that she will be sure to delight in! At Chases Florist we offer regular delivery service throughout the Greater Seattle Area. Visit us in store, or online www.chasesflorist.com, or call us at (206) 625-9500. We really look forward to helping you soon! www.chasesflorist.com.

DRIFT MOBILE MASSAGE



For those of you getting back to the gym to work on getting your body ready for spring, massage can help you recover faster. Men's Health recently wrote of studies showing how 10-minute massages after a workout can affect genes in your muscles that decrease inflammation without medication. Massage also increases the production of mitochondria in the muscles. All this speeds up muscle recovery so you can hit the gym, trail or road that much faster.

www.driftmobilemassage.com to book online or call/text Nick at 206-588-6559

PETER LOPEZ SALON

Peter Lopez Salon for the month of May is offering 20% off all services and products to new clients and 30% off all products to existing clients.



AVAILABLE STORAGE SPACE

Two Spaces Currently Available:

□ Tower Floor P1: 719 s.f. space that leases at \$19/s.f. for a total of \$1138.42/month

□ 53rd Floor: 124 s.f. space that leases at \$19/s.f. for a total of \$196.34/month

Please contact our office if you are interested in leasing any of these spaces.